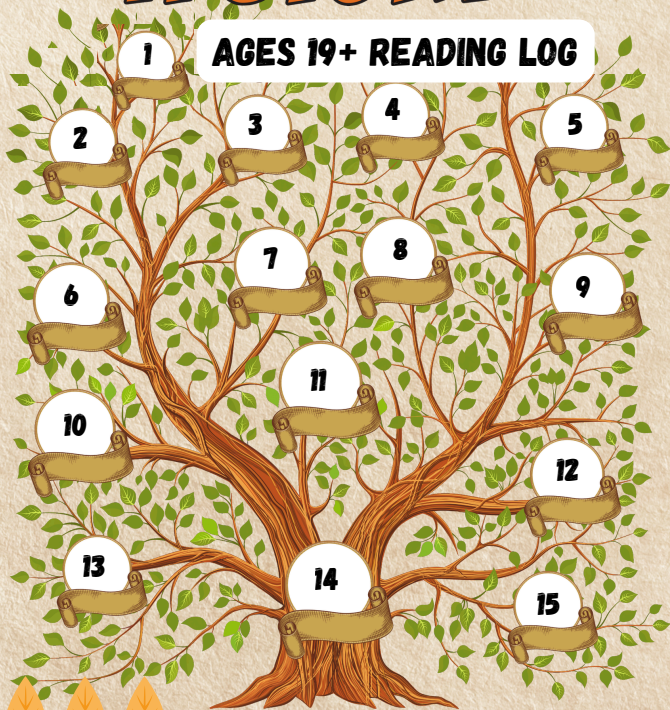


# UNEARTH A STORY™

**AGES 19+ READING LOG**



**ACTIVITIES**

# UNEARTH A STORY™

## AGES 19+ READING LOG

**This summer, unearth stories about people and families, both real and fictional! Track your reading by filling out the family tree as you go. Once you reach 12 hours, you may choose to fill out the rest of the tree to complete the summer reading program, or by checking off 3 of the suggested activities!**

### **Dig In**

- Read a nonfiction book or watch a documentary, then share facts you learn with someone else.
- Spend some time digging in the garden
- try 2 or more recipes from the same cookbook or sampling 2 or more dishes from a cuisine that is new to you.

### **Unearth**

- Research historic events or your property's history with the library's local history collection at Concord.
- Join a Genealogy 101: Workshop at your local library
- Unearth your artistic potential by trying a new project.

### **Ground Yourself**

- spend time in a local park, your yard, or exploring outside
- Spend at least 3 days practicing positivity.
- Volunteer for a local charity.

