


# Outlook

September  
2023

  @CabCoALP

 [www.CabarrusCounty.us/ALP](http://www.CabarrusCounty.us/ALP)



September is National Senior Center Month, and Cabarrus County's Active Living and Parks is calling on older residents to visit their senior centers. Anyone is invited whether you are regulars or first-time visitors. National Senior Center Month shines a light on senior centers and how important they are to the health and well begin of the community. It also encourages older adults to discover their unique interests, talents and aspirations while conveying a sense of exploration, self-discovery and individuality.

## September Dances Senior Center – Concord \$6 at the door 7 p.m.

(Doors open at 6:30 p.m.)

**Friday, September 1**  
Delmonicos

**Friday, September 8**  
Second Time Around

**Friday, September 15**  
Delmonicos

**Friday, September 22**  
Catfish Band

**Friday, September 29 – No Dance**

## Cabarrus County Senior Centers

A Division of Active Living & Parks

### Concord

331 Corban Avenue SE, Concord  
704-920-3484

Monday – Thursday: 8 a.m. – 9 p.m.  
Friday: 8 a.m. – 5 p.m.

### Mt. Pleasant

8615 Park Drive, Mt. Pleasant  
704-920-3487

Monday – Friday: 8 a.m. – 5 p.m.

### Active Living & Parks Mission Statement

Our mission is to enrich the quality of life for persons of all ages and abilities by providing high quality recreation, education and social opportunities in harmony with natural resource preservation.



CABARRUS COUNTY  
Active Living & Parks

## SENIOR CENTER MONTH CELEBRATIONS

### Ladies Lunch Bunch

**Tuesday, September 5, 11:30 a.m.**  
**Fiesta Mexicana, Concord**

Enjoy lunch with friends. Meal cost. RSVP by Friday, September 1.

### Indoor Baseball Game

**Wednesday, September 13, 1 p.m.**  
**Senior Center — Concord**

Get 5 people together to make a team! The Cabarrus County Council on Aging will be selling concessions as a fundraiser. Register by Friday, September 8.

### Talent Show at the Fair

**Thursday, September 14, 4:30 p.m.**  
**Country 103.7 Outside Main Stage,  
Cabarrus Arena & Events Center**

Performers get in FREE! Performers must register at the Concord Senior Center by Friday, September 8. Reduced admission to the fair for spectators from 4–6 p.m.

### Line Dance-A-Thon

**Saturday, September 16,  
10 a.m. – 2 p.m.**  
**Senior Center — Concord**

Get prepared to MOVE. Wear loose, comfortable clothing and appropriate shoes. Lunch provided. \$15 per person. Register by Friday, September 8.

### Hoot n' Holler Hoedown Party

**Thursday, September 21, 10:30 a.m.**  
**Senior Center — Mt. Pleasant**

Saddle up! It's cowboy time! Register by Friday, September 15.

### Mt. Pleasant Craft

**Tuesday, September 26, 2:30 p.m.**  
**Senior Center — Mt. Pleasant**

Design and create your own keychain. Register by Friday, September 22.


Register at [www.cabarruscounty.us/register](http://www.cabarruscounty.us/register). All events and programs are FREE unless otherwise noted.

Cabarrus County Senior Centers will be closed Monday, September 4.

# Outlook

October  
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 [www.CabarrusCounty.us/ALP](http://www.CabarrusCounty.us/ALP)



## 5th Annual Touch A Truck

Grab your grandkids or bring your whole family. Cabarrus County's Active Living and Parks Department is hosting its 5th Annual Touch A Truck event. The event is scheduled for Saturday October 28 from 9 a.m. to 1 p.m. at the Cabarrus Arena and Events Center. The event is free, but there will be a \$7 parking fee. Attendees will get to interact with vehicles and equipment of all shapes and sizes. There will be excavators, fire trucks, police cars, demonstrations and more!

### OCTOBER FEATURED EVENTS

#### Ladies Lunch Bunch

Tuesday, October 3, 11:30 a.m.

Captain Steve's, Harrisburg

Enjoy lunch with friends. Meal cost. RSVP by Friday, September 29.

#### Karaoke Night with DJ Tim Troutman

Tuesday, October 10, 6 – 8:30 p.m.

Senior Center – Concord

Come sing your heart out! \$3 per person.

#### BINGO

Friday, October 20, 1 p.m.

Senior Center – Concord

Sponsored by Cabarrus County Council on Aging.

#### Monster Mash Bash

Tuesday, October 31, 10:30 a.m.

Senior Center — Mt. Pleasant

BOO! Join us for a Spooktacular costume party. Register by Friday, October 27.

Register at [www.cabarruscounty.us/register](http://www.cabarruscounty.us/register). All events and programs are FREE unless otherwise noted.

**October Dances**  
**Senior Center – Concord**  
**\$6 at the door**  
**7 p.m.**  
(Doors open at 6:30 p.m.)

**Friday, October 6**  
Delmonicos

**Friday, October 13**  
Second Time Around

**Friday, October 20**  
Delmonicos

**Friday, October 27**  
Stoney Creek Band

### Fitness Center Hours

*Hours at time of publication (subject to change). Use requires successful completion of free orientation (held twice monthly, times vary, reservation required).*

#### Senior Center – Concord (indoor)

Monday – Friday (with reservation):  
8 a.m. – 5 p.m.

Monday and Wednesday (walk-in):  
5 – 9 p.m.

Tuesday and Thursday (walk-in):  
6:30 – 9 p.m.

#### Senior Center – Concord (outdoor)

Monday – Sunday: 8 a.m. – 8 p.m.

Monday – Sunday (Nov. – Feb.):  
8 a.m. – 5 p.m.

#### Senior Center Mt. Pleasant

Monday – Friday: 9 a.m. – 5 p.m.

*Must not conflict with classes.*

**INCLEMENT WEATHER POLICY** For all programs and/or events scheduled by the Active Living and Parks Department, the decision will be made by management. Management reserves the right to change facility operating hours and/or cancel programs, classes and events for public safety. Unless declared closed by management, on inclement weather days the Cabarrus County Senior Centers will operate during normal County business office hours and will be open for participants that choose to attend.

Check the County website [www.cabarruscounty.us](http://www.cabarruscounty.us) or social media pages or tune to local radio and television stations for cancellation/closing updates.